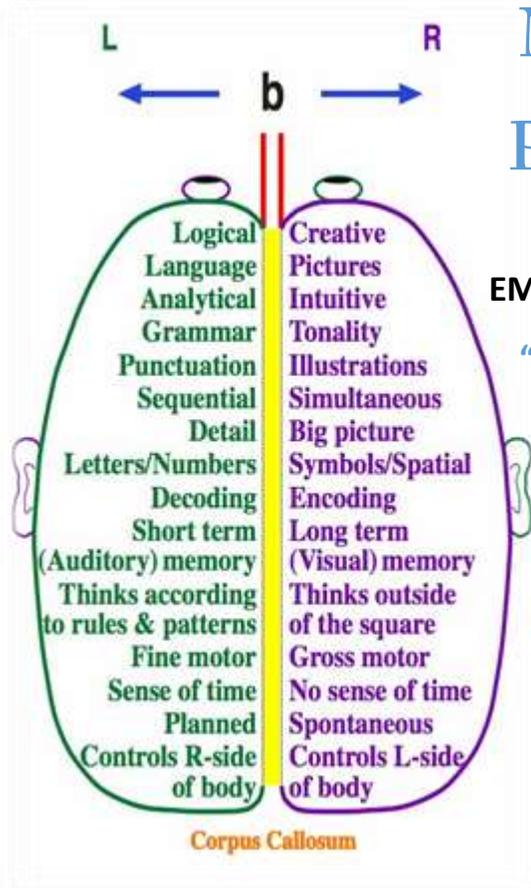


NEUROFEEDBACK POWER BOOSTER!

EXAMS PREPARATION

EMPRIRICAL RESEARCH & EXPERT OPINIONS

“I cannot comprehend what I read!”



- Neurofeedback is an excellent method of prepping the brain to make learning a new language much easier. Neurofeedback is also exercise for the brain, and it improves executive function skills naturally just as learning a new language does. The more exercise the brain gets, the better and easier it functions. Additionally, if a person is struggling with learning new languages, neurofeedback can provide a person with the extra help needed for the brain to organize as needed for language skills and retention. For more information, schedule a free consultation with Dr. Jolene Ross (Advance Neurotherapy)

“I cannot focus, pay attention in class”!



- In a meta-analysis of randomized controlled trials, Jean-Arthur Micoulaud-Franchi, MD, PhD, and colleagues found that EEG neurofeedback improves symptoms of inattention for children with ADHD (Frontiers of Human Neuroscience, 2014). And in a study two years ago, Naomi Steiner, MD, and colleagues found that EEG neurofeedback was more effective than cognitive behavioral therapy for reducing ADHD symptoms (Pediatrics, 2014).

- Neurofeedback doesn't just teach good habits, Thompson says. Over time, regular neurofeedback practice

can change the brain. Lynda Thompson, PhD, who directs the ADD Centre and Biofeedback Institute of Toronto.

- Jimmy Ghaziri and colleagues at the University of Montreal have found that neurofeedback training aimed at improving attention resulted in structural changes involving both white and gray matter (Clinical EEG and Neuroscience, 2013).



“I cannot remember”

- Participants completed two tests, both before and after the neurofeedback training had been completed, to see if neurofeedback would influence working memory performance. Working memory refers to the type of memory used to hold and manipulate information during the performance of a task, such as maintaining a telephone number in mind in order to recall it later.

In both tests, the volunteers were presented with a series of words from different categories, and following

this were tested on how well they were able to recall all the words from a specific category. Across both tests those receiving neurofeedback increased their recall from 70.6 percent to 81.6 percent, while recall in the control group only increased from 72.5 percent to 75.1 percent.



Professor John Gruzelier, from Imperial College London at Charing Cross hospital adds: "Neurofeedback has been proven to be effective in altering brain activity, but the extent to which such alterations can influence behaviour are still unknown. Further tests are needed to confirm this, but if neurofeedback can positively influence the cognitive performance of healthy individuals, as we have previously shown on attention and musical performance, it opens up the possibility that such treatment may be beneficial for those suffering from cognitive deficits".

CHARGES for ACADEMIC BOOSTER SESSIONS:

10 SESSIONS \$800 (+\$40 per trip for each home session)



ELECTRODES AMPLIFY BRAIN WAVES **BRAIN WAVES ARE PROCESSED**

Autism, ADD, ADHD, Anxiety, Brain Injury, Dementia, Dyslexia, Parkinson, Delayed speech, Headaches, Impulsivity, Peak Performance in Sports, Epileptic Seizures, Lack of Focus & Concentration, Learning Disabilities, Math Disabilities, Obsessive/Compulsive Disorder, Reading Difficulties, Sleep Disorder, Stroke Recovery, Audio/Visual Processing, Improve Memory, Comprehension **Reduce Stress**

COMPUTER TRANSLATES DATA

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